

## «Virtual Journey through Deep Space» | ½ day | start 14.00 hrs | end 17.45 hrs

(InterLAB sequence: Venus-Venus-Mars)

## **Half-day session** | 14.00 – 17.45 hrs \*

time content method 5′ Welcome on board - Lift-Off flipchart 10' Aspects of efficient team work kick-off brainstorm introduction simulation 1 \*\* 50' Team behaviour at high workload (Venus A). analyze own behaviour self-reflexion, SCORE give & receive feedback interpretation of score (behaviour) 5′ lecture Behaviour that increases efficiency communication to optimize interpersonal communication - team behaviour to have better awareness of situation for more effective resource management team briefing, 40' Optimized result by changing behaviour simulation 2 fix agreements and stick to them (Venus B), define roles & assign tasks self-reflexion precise and effective communication share experiences. 15' **Sharing experiences** interpretation of share experiences and findings in plenum score (behaviour), SCORE discuss meaning for work situation link to reality impact of traps of perception on team work (example: optical illusion) 20' coffee break team briefing, 55 Mastering complexity and change simulation 3 **Competition run** (Mars), SCORE self-reflexion, priorities & decision making interpretation of take in new person into team score (behaviour) effective coordination & planning group work, 20' Return to earth presentations write down & present findings and experiences derive individual plans of action for work situation

## 5' Award of the best team & touch-down

\* Length and sequence of each unit is subject to the dynamics of the learning situation. Start/end time are definitive.

## **Before team event**

Please ensure access to seminar room for <u>setup 2 hrs before start</u>. Dismantling after training takes 1 hr.

<sup>\*\*</sup> Every simulation cycle also deals with all subjects of the preceding simulation sessions.